

Save Your People

*"You chose death upon the cross,
then in glory You arose"*

Spiritual home retreat, during the Passion Week,
including Saturday of the light
Our Lady of Lebanon Co-Cathedral, Sydney



7

Saturday 11 April | Day 7

"It's finished!"

Prayer Stations

- ◀ In the name of the Father, and of the Son and of the Holy Spirit; Amen.
- ◀ One decade of the rosary: **"The Resurrection of Jesus"**
- ◀ A hymn.
- ◀ The day's intention: **All the Missionary: Physicians, nurses, paramedics, priests...**
- ◀ The Word of God: Psalm 68 | John 19: 28 - 30
- ◀ Silent reflection.
- ◀ Closing Prayer

One decade of the Rosary

In the name of the Father, the Son and the Holy Spirit; Amen

“The Resurrection of Jesus”

Spiritual Fruit: Faith

One Our Father

10 Hail Mary

Glory be to the Father, and to the Son, and to the Holy Spirit.

As it was in the beginning, is now, and ever shall be, world

without end. Amen

**O my Jesus, forgive us of our sins. Save us from the fires of
hell. Lead all souls into heaven, especially those in most need
of thy mercy. Amen**

القبر فارغ: Hymn

القبر فارغ! أين أخذتم سيدي؟ أين وضعتم حبيبي؟ أيها الحراس أيها الملاك أيها

البستاني، يا بطرس والرسل الحجر مدجرج! القبر فارغ!

السيد ليس في القبر ما هذا الضياء! السيد ليس في القبر ما هذا البهاء!

حبيبي ليس هنا أين أخذتموه؟ حبيبي ليس هنا ما هذا الضياء!

يا حبيبي في تلك المسايا دهنوا جسدك بالطيب، وعلى قدميك بقايا من شعري

وطيبي، رحمتك غفرت لي الخطايا يا حبيبي، القبر فارغ...

إحتواك القبر وأنت العطر والنقاء وكل القناديل، تنير دروب أورشليم وأرض

الجليل، بيت عنيا والناصرية اليهودية والسامرة وصحراء حياتي بالحب بالنقاء

تُجَمِّل بالطهر كل النساء توقع الحجارة من عيون الزناة، توقف نرف دمي ومن

خبزك تعطي فتات فتشفي إبنني في صور وصيدا وإليّ تمد يداك على البئر

تسقني ماء الحياة تحوّل الماء خمراً في قانا تكثر الخبز لمن كان جوعان القبر

فارغ...

رابوني قام نزل إلى الجحيم، خلّع أبواب الموت فتح أبواب النعيم شال آدم

والأنقياء لا تسألوه، لم ثيابه مخضوبة بالدماء، إنه سرّ الحب إنه سرّ الفداء، قام

الرب فتح لنا باب الرجاء، لا موت بعد ولا إنتهاء محبة هو والحب خلود ولقاء

<https://www.youtube.com/watch?v=NU7NnVvHDdo>

Today's Intention

Heavenly Father,

We raise our prayers to you on this evening for all those who are being sent out to work on alleviating this distress: physicians, nurses, paramedics and priests. May you be pleased with everything they do. Amen.

► Psalm 68

May God arise, may his enemies be scattered; may his foes flee before him. May the righteous be glad and rejoice before God; may they be happy and joyful.

Sing to God, sing in praise of his name, extol him who rides on the clouds; rejoice before him his name is the Lord.

When you, God, went out before your people, when you marched through the wilderness,

The earth shook, the heavens poured down rain, before God,

Our God is a God who saves; from the Sovereign Lord comes escape from death. Sing to God, you kingdoms of the earth, sing praise to the Lord, To him who rides across the highest heavens, the ancient heavens, who thunders with mighty voice. You, God, are awesome in your sanctuary; the God of Israel gives power and strength to his people. Praise be to God!



▶ John 19: 28 - 30


Later, knowing that everything had now been finished, and so that Scripture would be fulfilled, Jesus said, “I am thirsty.” A jar of wine vinegar was there, so they soaked a sponge in it, put the sponge on a stalk of the hyssop plant, and lifted it to Jesus’ lips. When he had received the drink, Jesus said, “It is finished.” With that, he bowed his head and gave up his spirit.

The Word of God

Praise be to God



Today's meditation



It is finished! And he gave up his spirit. Yes, it is finished! All the prophecies have been fulfilled. The long awaited Christ has come! The Son of God has come to save the image of God that has been worn out by sin! Everything is finished and everyone thought that death had the final word! But no! The final word is for life! For the life that has no beginning or end! The last word is for the Divine who took flesh to make us divine! O Jesus, we truly believe that you have chosen death on the cross, and in glory was your resurrection! Christ is risen, He is truly risen! Amen.

Time for silence and prayer





Closing Prayer

*Let us thank, adore, praise and glorify the
most Holy Trinity: The Father, the Son and he
Holy Spirit. Amen*

Kyrie Eleison | Kyrie Eleison | Kyrie Eleison

Qadeeshat Aloho

Qadeeshat Hayeltono

Qadeeshat lomoyooto

MchiHo Destlebt Ehlofain, ItraHam 'Alain

Our Father...

Prayer of Pope Francis

to the Virgin Mary



O Mary, you shine continuously on our journey as a sign of salvation and hope. We entrust ourselves to you, Health of the Sick. At the foot of the Cross you participated in Jesus' pain, with steadfast faith. You, Salvation of all your People, know what we need. We are certain that you will provide, so that, as you did at Cana of Galilee, joy and feasting might return after this moment of trial. Help us, Mother of Divine Love, to conform ourselves to the Father's will and to do what Jesus tells us: He who took our sufferings upon Himself, and bore our sorrows to bring us, through the Cross, to the joy of the Resurrection. Amen.

Under your protection, we seek refuge, Holy Mother of God. Do not disdain the entreaties of we who are in trial, but deliver us from every danger, O glorious and blessed Virgin. Amen.