

Save Your People

*“You chose death upon the cross,
then in glory You arose”*

Spiritual home retreat, during the Passion Week,
including Saturday of the light
Our Lady of Lebanon Co-Cathedral, Sydney



2

Monday 6 April | Day 2

“Mother, this is your son!”

Prayer Stations

- ◀ In the name of the Father, and of the Son and of the Holy Spirit; Amen.
- ◀ One decade of the rosary: **“The Wedding in Cana”**
- ◀ A hymn.
- ◀ The day’s intention: **the steadfastness of our families in the face of today’s challenges.**
- ◀ The Word of God: Psalm 131 | John 19: 25 - 27
- ◀ Silent reflection.
- ◀ Closing Prayer

One decade of the Rosary

In the name of the Father, the Son and the Holy Spirit; Amen

“The Wedding in Cana”

Spiritual Fruit: To Jesus through Mary

One Our Father

10 Hail Mary

Glory be to the Father, and to the Son, and to the Holy Spirit.

As it was in the beginning, is now, and ever shall be, world

without end. Amen

**O my Jesus, forgive us of our sins. Save us from the fires of
hell. Lead all souls into heaven, especially those in most need
of thy mercy. Amen**

Hymn: أمي يا أمي

أمي يا أمي أهديك ذاتي قلبي وروحي حبي حياتي
عانقي فرحي وجراحاتي واحملي دومًا للرب صلاتي.

دفع عينيك نار لحياتي أمي سلامًا يرجوك قلبي
طفلٌ أريد القداسة دربي ضميني أمي كي ألقى ربي.

طوباك أمي يا من حملت سر الخلاص لفداء الناس
ان ميلاد ربي المعظم يروي اتضاع احشاءك مريم.

شكرًا يا أمي لما قبلت صوت السماء الهًا حملت
اجعلي أمي قلبي مغارة دفيه أمي كي يلقى ربي.

Today's Intention

Heavenly Father, we raise our prayers to you on this evening for the steadfastness of our families in the face of the challenges that we are experiencing today. Over-shadow them with your Spirit. May your Son Jesus be the rock of their salvation and their power. Amen.

▶ Psalm 131

My heart is not proud, Lord, my eyes are not haughty;

I do not concern myself with great matters or things too wonderful for me.

But I have calmed and quieted myself,

I am like a weaned child with its mother; like a weaned child I am content.

Israel, put your hope in the Lord both now and forevermore.



▶ John 19: 25 - 27

Near the cross of Jesus stood his mother, his mother's sister, Mary the wife of Clopas, and Mary Magdalene. When Jesus saw his mother there, and the disciple whom he loved standing nearby, he said to her, "Woman, here is your son," and to the disciple, "Here is your mother." From that time on, this disciple took her into his home.

The Word of God

Praise be to God



Today's meditation

"Mother, this is your son!" By saying this while on the cross, you have made Mary a mother for all humanity! She is not only Mary the Mother of God, but also our mother too! Let us take Mary with us to our homes like the beloved disciple did! And let us honour her and receive all the graces of heaven through her intercession. Amen.

Time for silence and prayer





Closing Prayer

*Let us thank, adore, praise and glorify the
most Holy Trinity: The Father, the Son and he
Holy Spirit. Amen*

Kyrie Eleison | Kyrie Eleison | Kyrie Eleison

Qadeeshat Aloho

Qadeeshat Hayeltono

Qadeeshat lomoyooto

MchiHo Destlebt Ehlofain, ItraHam 'Alain

Our Father...

Prayer of Pope Francis

to the Virgin Mary



O Mary, you shine continuously on our journey as a sign of salvation and hope. We entrust ourselves to you, Health of the Sick. At the foot of the Cross you participated in Jesus' pain, with steadfast faith. You, Salvation of all your People, know what we need. We are certain that you will provide, so that, as you did at Cana of Galilee, joy and feasting might return after this moment of trial. Help us, Mother of Divine Love, to conform ourselves to the Father's will and to do what Jesus tells us: He who took our sufferings upon Himself, and bore our sorrows to bring us, through the Cross, to the joy of the Resurrection. Amen.

We fly to your patronage, O Holy Mother of God. Despise not our prayers in our necessities, but deliver us from all danger, O Glorious and ever-blessed Virgin.

Amen