

# Save Your People

*"You chose death upon the cross,  
then in glory You arose"*

Spiritual home retreat, during the Passion Week,  
including Saturday of the light  
Our Lady of Lebanon Co-Cathedral, Sydney



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Sunday 5 April | Day 1

*"Today you will be with me in Paradise!"*

## Prayer Stations

- ◀ In the name of the Father, and of the Son and of the Holy Spirit; Amen.
- ◀ One decade of the rosary: **"The Carrying of the Cross"**
- ◀ A hymn.
- ◀ The day's intention: **the employers and employees who have been forced into unemployment.**
- ◀ The Word of God: Psalm 84 | Luke 23: 39-43
- ◀ Silent reflection.
- ◀ Closing Prayer

## *One decade of the Rosary*

In the name of the Father, the Son and the Holy Spirit; Amen

**“The Carrying of the Cross”**

Spiritual Fruit: Patient Bearing of Trials

**One Our Father**

10 Hail Mary

**Glory be to the Father, and to the Son, and to the Holy Spirit.**

**As it was in the beginning, is now, and ever shall be, world**

**without end. Amen**

**O my Jesus, forgive us of our sins. Save us from the fires of  
hell. Lead all souls into heaven, especially those in most need  
of thy mercy. Amen**

# من أنا إلهي حتى تذكرني Hymn:

\* من أنا إلهي حتى تذكرني

تنحني علي إليك ترفعني

قلبي لك عطشان يركض كالإيل

إلى مجرى المياه إليك يا يسوع

القرار- أرفع يدي أشهد لك

أنك إلهي لا سواك

\* من أنا إلهي حتى تشفيني

تأتي إلي صامتاً دون أن تدينني

تهمس لروحي الآن قم بثقة يا بني

فأركض لحضنك إليك يا يسوع

## Today's Intention

Heavenly Father,

We raise our prayers to you on this evening for all the employers and employees who have been forced into unemployment. Extend to them the hand of mercy and blessing. Amen.

### ▶ Psalm 84

How lovely is your dwelling place, Lord Almighty!

My soul yearns, even faints, for the courts of the Lord; my heart and my flesh cry out for the living God.

Even the sparrow has found a home, and the swallow a nest for herself, where she may have her young a place near your altar, Lord Almighty, my King and my God.

Blessed are those who dwell in your house; they are ever praising you. Blessed are those whose strength is in you, whose hearts are set on pilgrimage. Better is one day in your courts than a thousand elsewhere; I would rather be a doorkeeper in the house of my God than dwell in the tents of the wicked. For the Lord God is a sun and shield; The Lord bestows favor and honor; no good thing does he withhold from those whose walk is blameless.

Lord Almighty, blessed is the one who trusts in you.



▶ Luke 23: 39-43

One of the criminals who hung there hurled insults at him: “Aren’t you the Messiah? Save yourself and us!”

But the other criminal rebuked him. “Don’t you fear God,” he said, “since you are under the same sentence? We are punished justly, for we are getting what our deeds deserve. But this man has done nothing wrong.”

Then he said, “Jesus, remember me when you come into your kingdom.” Jesus answered him, “Truly I tell you, today you will be with me in paradise.

## The Word of God

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### Praise be to God



### Today’s meditation

“Today you will be with me in Paradise!” How wonderful Lord it is to stay at your house. We are eagerly desiring to be with you in our heavenly home, sitting at the banquet of your wedding, the wedding of the Divine Lamb! How wonderful your dwellings are, O Lord! How gentle your divine face is, the only thing that we beseech. Amen

# Time for silence and prayer





# *Closing Prayer*

*Let us thank, adore, praise and glorify the  
most Holy Trinity: The Father, the Son and the  
Holy Spirit. Amen*

*Kyrie Eleison | Kyrie Eleison | Kyrie Eleison*

*Qadeeshat Aloho*

*Qadeeshat Hayeltono*

*Qadeeshat lomoyooto*

*MchiHo Destlebt Ehlofain, ItraHam 'Alain*

*Our Father...*

# Prayer of Pope Francis

## to the Virgin Mary



*O Mary, you shine continuously on our journey as a sign of salvation and hope. We entrust ourselves to you, Health of the Sick. At the foot of the Cross you participated in Jesus' pain, with steadfast faith. You, Salvation of all your People, know what we need. We are certain that you will provide, so that, as you did at Cana of Galilee, joy and feasting might return after this moment of trial. Help us, Mother of Divine Love, to conform ourselves to the Father's will and to do what Jesus tells us: He who took our sufferings upon Himself, and bore our sorrows to bring us, through the Cross, to the joy of the Resurrection. Amen.*

We fly to your patronage, O Holy Mother of God. Despise not our prayers in our necessities, but deliver us from all danger, O Glorious and ever-blessed Virgin.

Amen